

Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy



Clarkson Public Schools-Step 2

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

Water will be made available to students throughout the school day.

a. Was the goal met?

- Yes** - the school/district/RCCI met this goal across all grade levels.
- Partially** - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels
- No** - the school/district/RCCI did not meet this goal for any grade level.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The elementary school met this goal across all grade levels. Water was made available to students throughout the school day through classroom water bottles, water fountains, and designated refill stations.
- **Middle School:** The elementary school met this goal across all grade levels. Water was made available to students throughout the school day through classroom water bottles, water fountains, and designated refill stations.
- **High School:** The elementary school met this goal across all grade levels. Water was made available to students throughout the school day through classroom water bottles, water fountains, and designated refill stations.

2. Physical Activity Goal (REQUIRED)

Students will be encouraged to engage in physical activities throughout the school day and will be provided with opportunities to do so.

a. Was the goal met?

- Yes** - the school/district/RCCI met this goal across all grade levels.
- Partially** - the school/district/RCCI met this goal for some grade levels, but did not meet this goal for other grade levels
- No** - the school/district/RCCI did not meet this goal across all grade levels.



b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** Elementary students were encouraged to participate in physical activity throughout the school day through recess, physical education classes, classroom movement breaks, and organized activities. Students were provided with regular opportunities to be active in a safe and supportive environment. During the past school year, students were also provided with additional opportunities to participate in physical activity during Patriot Period each Friday. During these 20 minutes, students in grades K–12 participated in “Friday Fun Days,” which included both structured and unstructured physical activities designed to encourage movement, engagement, and healthy habits throughout the school day.
- **Middle School:** Students are encouraged to stay active throughout the school day through opportunities such as Friday Funday, which lets them go to the gym after lunch. In addition, a variety of extracurricular activities, including wrestling, basketball, football, volleyball, and track, provide ongoing opportunities for students to engage in physical activity.
- **High School:** Students are encouraged to stay active throughout the school day by having opportunities such as Friday Funday, where they can go to the gym after lunch. In addition, a variety of extracurricular activities, including wrestling, basketball, football, volleyball, and track, provide ongoing opportunities for students to engage in physical activity.

3. Other Student/School Wellness Goal (REQUIRED)

The district will allow other health-related entities to use school facilities for activities such as health clinics and screenings, so long as the activities meet the district’s requirements and criteria for the use of facilities.

a. Was the goal met?

- Yes** - the school/district/RCCI met this goal across all grade levels.
- Partially** - the school/district/RCCI met this goal for some grade levels, but did not meet this goal for other grade levels
- No** - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The district allows approved health-related organizations to use school facilities for services such as health checks, flu vaccinations, and blood drives, provided all activities meet the district's requirements and criteria for facility use.
- **Middle School:** The district allows approved health-related organizations to use school facilities for services such as health checks, flu vaccinations, and blood drives, provided all activities meet the district's requirements and criteria for facility use.
- **High School:** The district allows approved health-related organizations to use school facilities for services such as health checks, flu vaccinations, and blood drives, provided all activities meet the district's requirements and criteria for facility use.

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate the extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single-site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with the written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

- Not Compliant (if checked, complete notes section below)
- Partially Compliant (if checked, complete notes section below)
- Compliant (skip to question 2)

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

- Not Compliant (if checked, complete notes section below)
- Partially Compliant (if checked, complete notes section below)

- Compliant (skip to question 3)

3. Food/Beverage Marketing and Advertising Standards

- Not Compliant (if checked, complete notes section below)
- Partially Compliant (if checked, complete notes section below)
- Compliant (skip to question 4)

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

Parents and students served on our wellness committee and participated in surveys regarding the school lunch program and other wellness initiatives. Committee members reviewed policies and survey results while collaborating with administration, staff, and kitchen personnel to help evaluate and update the school's Wellness Program.

